



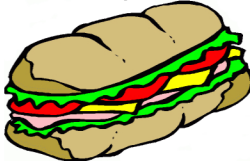








# TOPSHAM HOUSE



# DAY NURSERY

	BREAKFAST	SNACK	LUNCH	VEGETARIAN	DESSERT	TEA	VEGETARIAN	DESSERT
<b>MONDAY</b>	A variety of cereals and toast offered with milk or water		Sweet and Sour Chicken with vegetables	Sweet and Sour tofu	Mixed fruit platter	 Ham salad	Egg salad	 Yoghurt
			Served with jasmine rice			Served with boiled potatoes		
<b>TUESDAY</b>			Tagliatelle with tuna	Tagliatelle with roasted vegetables	Summer fruits cheesecake 	Mixed sandwiches 	Mixed sandwiches	Fresh seasonal fruit
			Served with garlic dough balls			Served with vegetable sticks		
<b>WEDNESDAY</b>			Roast lamb 	Quorn fillets	Fresh seasonal fruit	Homemade vegetable soup	Homemade vegetable soup	Homemade Victoria sponge
	Served with sweet potatoes, carrots, broccoli and gravy			Served with bread and butter				
<b>THURSDAY</b>			Creamy pasta bake with ham, sweetcorn and courgettes	Creamy pasta bake with cheese and courgettes	Jelly and ice cream	Breaded fish sticks	Vegetable sticks	Fresh seasonal fruit 
				Served with bread and butter				
<b>FRIDAY</b>			 Homemade beef meatballs	Homemade Quorn meatballs	 Mixed fruit platter	Bacon and tomato pasta bake	 Tomato pasta bake	Homemade Swiss roll
	Served with noodles							

# EXAMPLE WEEKLY MENU